



SLEEP APNEA & SNORING TREATMENT

DR. KYLE M. SMITH

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Rx: Oral Appliance Therapy with a Customized, Titratable, Mandibular Advancement Device

Patient Name:
Address:
City, State, Zip:
Phone:
Patient Date of Birth:

Patient Signs & Symptoms

- \_\_\_ Loud Snoring \_\_\_ Restless/Poor Sleep \_\_\_ Additional
\_\_\_ Witnessed Apneas \_\_\_ High Blood Pressure
\_\_\_ Daytime Drowsiness \_\_\_ Nighttime GERD
\_\_\_ Loss of Energy \_\_\_ Sleep Bruxism
\_\_\_ Morning Headaches \_\_\_ Gasping or Choking at night

Patient referred to Dr. Kyle Smith to be evaluated for oral appliance therapy (OAT) due to:

- \_\_\_ The patient has been diagnosed with obstructive sleep apnea
\_\_\_ CPAP Intolerance
\_\_\_ Seeking Oral Appliance Therapy only to manage mild, moderate, or severe OSA condition
\_\_\_ Primary Snoring
\_\_\_ Surgical Result Inadequate, seeking therapy
\_\_\_ Interested in Oral Appliance Therapy to be used as adjunct with CPAP or Surgery

Additional information regarding patient:

\*Please check if you would like us to provide Home Sleep Study service, we provide HST via Watchpat.

If Sleep study data exists, please send it to our office prior to the consultation appointment. Thank you!

Referring Provider:

City & Zip: State Office Phone:

Provider Signature: Date: